

## February 23, 2024

## EM307: TAKING CHARGE AND TREATMENT OF THE PATIENT WITH LYMPHOEDEMA: FROM REHABILITATION TO THERAPEUTIC EDUCATION





Pt.



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TAKING CHARGE AND TREATMENT OF THE PATIENT WITH LYMPHOEDEMA: FROM REHABILITATION TO THERAPEUTIC EDUCATION

Lymphedema is a chronic, progressive and potentially disabling pathology, which needs to be managed according to current scientific evidence in lymphology and according to the model of treatment for chronic diseases.

Starting from theoretical knowledge and the patient's clinical assessment, it will be possible to create a personalized and appropriate treatment path for the person as well as the pathology.

The aim of this training course is to provide participants with the theoretical foundations, scientific evidence and practical skills to implement effective and appropriate treatments for the individual patient suffering from lymphedema.



32 Seats €1,150.00 **52** Hours **50** ECM INTENDED FOR **PAYMENTS** CALENDAR LANGUAGE doctors and Deposit €400.00 within 7 Face to face session: Italian days from the February 23-25, 2024 physiotherapists Online Session: March 9, registration 2024 (synchronous FAD) 2<sup>nd</sup> deposit €400.00 by Face to face session: date February 15, 2024 March 22-24, 2024 Balance €350.00 by date March 15, 2024 Total: €1,150.00

LOCATION: Edumed SRL - Brescia, Via della badia, 18

Early Booking for registrations by 31/12/2023: € 980.00 instead of € 1150.00 (save € 170.00).

## **SCHEDULE**

## DAY 1

Lymphoedema: definition and hints of epidemiology Anatomy and physiology of the lymphatic system Etiopathogenesis of edema and lymphedema Classification and staging of lymphedema Post-oncological treatment lymphedema Primary lymphedema Evolution of lymphedema and possible complications DAY 2

The instrumental diagnosis of physiotherapy interest: lymphoscintigraphy, lymphofluoroscopy, tissue ultrasound, etc.

Is EMB possible in Lymphology? What science says



Differential physiotherapy evaluation of edema

Physiotherapy evaluation of the patient with lymphedema (demonstration on AS and AI patients)

The process of taking charge and treating the person with lymphedema

Cytometry and limb volumetry (demonstration and practical tests among participants)

DAY 3

Physical principles of compression therapy

Multi-component bandage of the lower limb: foot and leg

Multi-component bandage of the lower limb: thigh and waist anchorage

Multi-component bandage of the upper limb: hand

Multi-component bandage of the upper limb: forearm and arm

2nd SYNCHRONOUS FAD MODULE

Surgical techniques in the treatment of lymphedema (Dr. Visconti)

Pre and post surgical rehabilitation protocols

3rd MODULE

DAY 4

Manual lymphatic drainage: history, current technique, indications and contraindications

Manual lymphatic drainage: basic dexterity + dexterity for fibrosis

Upper limb lymphatic drainage

Lower limb lymphatic drainage

Instrumental therapy in lymphedema (practical pressure therapy test)

DAY 5

Lymphatic drainage of other body areas (head and neck, genitals, breast)

Breast lymphedema bandaging techniques + upper limb bandaging revision

Genital lymphedema bandaging techniques + lower limb bandaging revision

The daily management of lymphedema: correct indications to be given to the affected patient DAY 6

The elastic-compressive brace: timing of packaging, characteristics, prescription

Physical exercise in patients with lymphedema: types and indications

Clinical cases: discussion in small groups and in plenary

final questions

compilation of ECM tests