

June 9, 2023

EM291: Musculoskeletal foot & ankle disorders: a contemporary approach in physiotherapy



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MSc(rehab), PT, Specialist Musculoskeletal
Physiotherapist



24 Seats



€550.00



21 Hours



27 ECM

INTENDED FOR

Doctors, Physiotherapists Deposit €300.00 within 7 days from the registration

Balance €250.00 by date
June 1, 2023

Total: €550.00

PAYMENTS

CALENDAR

09 - 10 - 11 June 2023

LANGUAGE

English with Italian
consecutive translation

SCHEDULE

DAY 1

08:30 - 09:00 Registration

9:00 – 11:00 EVIDENCE BASED PRACTICE and CLINICAL REASONING PROCESS of the FOOT&ANKLE DISORDERS

11:00 – 11:15 Coffee

11:15 – 13:00 MUSCULOSKELETAL F&A DISORDERS

- Injury, trauma, pain

13:00 – 14:00 Lunch

14:00 – 15:30 FOOT&ANKLE IMPAIRMENTS OF MOVEMENT

- Nociceptive mechanism
- Prediction of the brain

15:30 – 15:45 Coffee

15:45 – 17:15 CLINICAL PRACTICE OF THE PHYSICAL EXAMINATION OF THE F&A

- screening the movements of the F&A (Are normal movements available?)
- observation in non-weight bearing and weight-bearing

DAY 2

09:00 – 11:00 CLINICAL PRACTICE OF THE PHYSICAL EXAMINATION OF THE FOOT AND ANKLE

- functional tests of the foot&ankle
- observation of the gait (including normal movement patterns of the F&A)

11:00 – 11:15 Coffee

11:15 – 13:00 PATIENT DEMO

13:00 – 14:00 Lunch

14:00 – 16:00 CLINICAL PRACTICE OF THE PHYSICAL EXAMINATION OF THE FOOT AND ANKLE

- active movement testing
- passive movement testing

- screening tests

16:00 – 17:00 F&A pain

- pain, affect, emotions

DAY 3

09:00 – 10:00 BODY&MIND INTERACTION

10:00 – 11:00 CHANGE PROCESS IN MSK DISORDERS

11:00 – 11:15 Coffee

11:15 – 13:00 INTERVENTION of the FOOT&ANKLE DISORDERS

- Changing movement patterns and pain
- Clinical practice of the manual therapy of the foot&ankle

13:00 – 14:00 Lunch

14:00 – 16:00 INTERVENTION of the FOOT&ANKLE DISORDERS

- Clinical practice of the therapeutic exercise of the foot&ankle
- associated exercises for different regions of lower extremity, pelvis and lower body

16:00 - 16:30 Test ECM