

September 23, 2022

EM236: ACL Rehabilitation



ENDA KING

Manip Ther. C.S.C.S. M.I.S.C.P.

Teacher: Enda King, MSc. Manip Ther, C.S.C.S. M.I.S.C.P.

This two day course reviews the mechanism of ACL injury, the precautions and contraindications after surgery, the components of rehabilitation and a structure for assessment and decision making for successful return to play.

It will take the participant through all the challenges and difficulties in ACL rehabilitation, provide evidence based criteria for progression through rehabilitation and expand high level rehabilitation skills to ensure most efficient return to maximal performance while minimising the risk of secondary injury and longer term OA changes in the knee.

Day 1 would be lecture based at the start and then gym based for the afternoon.

Day 2 starts in gym and then depending on weather linear & multidirectional would be outdoor grass/astro.





€

28 Seats

€440.00

16 Hours

18,2 ECM

INTENDED FOR

PAYMENTS

CALENDAR

LANGUAGE

Physiotherapists, Doctors Deposit €220.00 within 7 23-24 September 2022 days from the

registration

English with simultaneous italian translation

Balance €220.00 by date August 19, 2022

Total: €440.00

€ 66.00 discount (15% off!) on the EM236 "ACL Rehabilitation" course if already enrolled in the EM237 "Advanced Rehabilitation Strategies for Lower Limb Injuries in Sport " course

Deposit: € 220,00

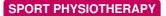
Balance: € 154,00

Course Location: BRESCIA @ Edumed . Formazione ECM

SCHEDULE

Day 1

- 14.00 14.30 Challenges and "traps" in rehabilitation after the reconstruction of the ACL
- 14.30 15.30 Challenges and "traps" in rehabilitation after the reconstruction of the ACL
- 15.30 16.00 coffee break
- 16.00 16.30 Pathomechanics of the ACL injury
- 16.30 18.00 Components of the rehabilitation after the reconstruction of the ACL





Day 2

09.00 - 10.50 Strength and power development

10.50 - 11.00 Coffee break

11.00 - 13.00 Linear running analysis

13.00 - 14.00 Lunch

14.00 - 15.50 Multidirectional running analysis

15.50 - 16.00 Coffee break

16.00 - 17.00 RTP decision making and injury prevention

17.00 - 17.30 Conclusion and ECM Test