

November 12, 2021

EM183: Maitland® Concept Level 2A



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Course aims:

Educate physiotherapists to the use of problem-solving and to treat patients with neuromusculoskeletal disorders being based on the **Maitland Concept®** Principles. At the end of this course the participant will understand and will be able to explain and to apply the elements of the **Maitland Concept®**, in particular on the following topics:

- Specific details of the **Maitland Concept®**
- Differentiation test including the "functional demonstration": specific test for: spinal cord (Lx), shoulder, elbow, hand, foot, knee.
- Technical skills, evaluation and treatment of neurodynamical problems.
- Use of compression and its applications for intra-articular problems
- Biomechanics of the spine
- Evaluation and treatment of lumbar and cervical spine by the use of combined movement.
- Lumbar syndromes.
- T4 syndrome.
- Knee front pain.
- Cervicogenic headache.
- Revision, deepening of the practice of all the joints complex.

During the course there will be a demonstration of a therapy session on a patient performed by a teacher.

The participants will treat patients under supervision.



32 Seats



€2,135.00



80 Hours



50 + 50 ECM

INTENDED FOR

Doctors and Physiotherapists who have passed level 1

PAYMENTS

Deposit €732.00 within 7 days from the registration

2nd deposit €732.00 by date November 8, 2021

Balance €671.00 by date March 11, 2022

Total: €2,135.00

CALENDAR

I Week: 12 - 16 November 2021 II Week: 16 - 20 March 2022

LANGUAGE

Italian

Official IMTA Course reserved to Doctors and Physiotherapists who have passed level 1

SCHEDULE

Day 1

9-10.30 course objectives, review of the Maitland concept

10.45-12.30 review and analysis of the Lumbar Physical Exam with differentiation and functional demonstration

13.30- 15.30 patient demonstration

15.45-18 review and deepening SLR, SLUMP, PKB slump

18-19 practice

Day 2

8.30-9 preparation of patients

9-10.30 first group of patients (second practical group)

10.30-12 second group of patients (first practical group)

12-12.30 practice

13.30-15.30 re-evaluation and treatment of a patient

15.45-17 review of the palpation of the column and accessory movements
17-19 anatomy and biomechanics of the nervous system

Day 3

8.30-9 preparation of patients
9-10 first group pt
10-11 second group pt
11.30-12.30 ULNT1 and 2a tests
13.30-14.30 re-evaluation and treatment of the patient
14.30-15.30 Ulnt2b and 3
15.45-17 selection of treatment techniques for intra-articular disorders
17-18 techniques on the teacher with feedback
18-19 PPIVMs Cx Occ-C2

Day 4

8.30-9 preparation of patients
9-10 first group pt
10-11 second group pt
11.30-12.30 principles of patodynamic treatment
13.30-14.30 re-evaluation and demonstration treatment of the patient
14.30-15.30 palpation of peripheral nerves
15.45-17 patoneurodynamic treatment techniques
17-18 techniques on the teacher with feedback
18-19 review of Cx FL and Rot treatment

Day 5

8.30-9 preparation of patients
9-10 first group pt
10-11 second group pt
11-12.30 combined movements, including column biomechanics
13 end of the first week

Day 6

9-10 lumbar syndromes of discogenic vs facet
10.15-11.45 review of lumbar PPIVMs and lumbar rotation including localization
11.45-12.30 Syndrome T4 ppivms Tx, Pa Thrust
13.30-15.30 patient demonstration
15.45-18 differentiation and functional demonstration of the elbow
18-19 practice session

Day 7

8.30-9 preparation of patients
9-10.30 first group pt
10.30-12 second group pt
12-12.30 reflection on the practice
13.30-14.30 re-evaluation and treatment of patient demonstration
14.30-15.30 differentiation and progression of shoulder treatment

15.45-18 differentiation and progression of knee treatment

Day 8

8.30-9 preparation pt

9-10 first group pt

10-11 second group pt

11.30-12.30 Acute cervical block

13.30-14.30 re-evaluation and demonstration treatment of the patient

14.30-15.30 PPIVMs Cx

15.45-18 differentiation and functional demonstration of the foot and ankle

Day 9

8.30-9 preparation of the pt

9-10 first group of the pt

10-11 second group of the pt

11.30-12.30 individual evaluation of the techniques and feedback

12.30-18 individual evaluation of techniques and feedback

Day 10

8.30-9.15 first group of patients

9.15-10 second group of patients

10.15-12.15 cervicogenic headache: presentation and treatment

12.15-12.30 evaluation of the course, closing