

January 24, 2020

EM138: Lymphedema Special Cases: Face and Neck, Genitals and Breast Operated Woman



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Pt,



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Ft.

The course is proposed for physiotherapists and students of the Physiotherapy Degree Course (third year of course) interested in deepening their knowledge in the lymphatic field.

It will be divided into two modules, with the possibility of registering both for both of them and for a single module.

In the first module of the course (Course EM 137, 13-14-15 September 2019) topics such as the anatomy and physiology of the lymphatic system, the evaluation of edemas and the treatment of lymphedema and lipedema according to national and international guidelines will be discussed. This first module will focus on the treatment of the lower and upper limbs; the third day in particular will focus on the evaluation and treatment of lipedema.

The second module (Course EM 138, 24-25-26 January 2020) will focus on specific topics, such as the treatment of genitals and face. There will also be ample space dedicated to the rehabilitation of breast-operated women, addressing not only the topic of lymphedema of the arm and breast but also the clinical and surgical aspects of this pathology, as well as the related complications.

The course will present theoretical parts and parts of practice among the participants and the demonstration of evaluation and treatment of patients by teachers.

The peculiarity of the course will be the treatment proposal both with traditional manual skills and with Linforoll®.

The part on the bandage will be made with short stretch bandages and silicone bandages. It will therefore be a complete proposal on the panorama of lymphology rehabilitation, with attention to topics and treatment techniques centered on Evidence Based Practice; ideal for physiotherapists who already have experience in the specific field and who wish to confront themselves with new techniques and for those who do not yet know physiotherapy in lymphology because they will learn effective treatment techniques, immediately applicable in the workplace.



30 Seats



€500.00



24 Hours



Richiesti ECM

INTENDED FOR

Physiotherapists,
Students III year C.d.L.
Physiotherapy

PAYMENTS

Deposit €250.00 + VAT
22% (€305.00) within 7
days from the
registration

Balance €250.00 + VAT
22% (€305.00) by date
January 16, 2020

Total: €500.00 + VAT
22% (**€610.00**)

CALENDAR

24-25-26 January 2020

LANGUAGE

Italian

Special discount for subscribers to both the EM137 and EM138 modules: € 1099.00 (including VAT) instead of 1220.00 (including VAT)

It is necessary to register individually for both courses and to pay the relative deposits. The € 121.00 discount can be subtracted from any of the remaining balance payments.

SCHEDULE

PROGRAMMA:

24-25-26 GENNAIO 2020

1° GIORNO:

08.30 - 09.00: Registrazione partecipanti

09.00 - 10.30: Cenni di anatomia e fisiologia del sistema linfatico delle specifiche aree

10.30 - 10.45: Pausa

10.45 - 11.45: Dimostrazione del trattamento di drenaggio del volto e collo

11.45 - 13.00: Pratica in gruppi del drenaggio di volto e collo MANUALE E CON LINFOROLL®

13.00 - 14.00: Pausa

14.00 - 14.30: Dimostrazione del trattamento di drenaggio del pube e dei genitali

14.30 - 15.30: Pratica in gruppi del drenaggio del pube e dei genitali MANUALE E CON LINFOROLL®

15.30 - 16.30: Trattamento delle cicatrici, delle aree fibrose dell'edema

16.30 - 18.30: Il taping linfologico: evidenze ed applicazioni

2° GIORNO

08.30 - 10.00: Anatomia dell'ascella e della mammella

10.00 - 10.45: Epidemiologia e fattori di rischio del carcinoma mammario

10.45 - 11.00: Pausa

11.00 - 12.00: Tecniche di Chirurgia conservativa e demolitiva

12.00 - 13.00: Tecniche di Ricostruzione mammaria

13.00 - 14.00: Pausa

14.00 - 15.00: Conoscenza delle principali Terapie adiuvanti e loro effetti

15.00 - 16.00: Conoscenza delle principali tecniche di Radioterapia e principi di azione

16.00 - 16.15: Pausa

16.15 - 17.00: Complicanze chirurgiche: la cicatrice, Axillary Web Syndrome, la scapola alata e le lesioni nervose, il linfedema

17.00 - 18.30: Valutazione fisioterapica della donna operata al seno

3° GIORNO

09.00 - 11.15: Trattamento delle principali complicanze fisioterapiche (dimostrazione e pratica)

11.15 - 11.30: Pausa

11.30 - 13.00: Linfodrenaggio AS, mammella e torace (dimostrazione e pratica)

13.00 - 14.00: Pausa

14.00 - 15.00: Educazione terapeutica della paziente operata al seno

15.00 - 16.30: Alimentazione e corretti stili di vita nel carcinoma mammario

16.30 - 17.00: Domande finali e test ECM