

September 13, 2019

EM137: Lymphedema and Lipedema: Evaluation and Treatment



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Pt,



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Ft.

The course is proposed for physiotherapists and students of the Physiotherapy Degree Course (third year of course) interested in deepening their knowledge in the lymphatic field.

It will be divided into two modules, with the possibility of registering both for both of them and for a single module.

In the first module of the course (Course EM 137, 13-14-15 September 2019) topics such as the anatomy and physiology of the lymphatic system, the evaluation of edemas and the treatment of lymphedema and lipedema according to national and international guidelines will be discussed. This first module will focus on the treatment of the lower and upper limbs; the third day in particular will focus on the evaluation and treatment of lipedema.

The second module (Course EM 138, 24-25-26 January 2020) will focus on specific topics, such as the treatment of genitals and face. There will also be ample space dedicated to the rehabilitation of breast-operated women, addressing not only the topic of lymphedema of the arm and breast but also the clinical and surgical aspects of this pathology, as well as the related complications.

The course will present theoretical parts and parts of practice among the participants and the demonstration of evaluation and treatment of patients by teachers.

The peculiarity of the course will be the treatment proposal both with traditional manual skills and with Linforoll®.

The part on the bandage will be made with short stretch bandages and silicone bandages. It will therefore be a complete proposal on the panorama of lymphology rehabilitation, with attention to topics and treatment techniques centered on Evidence Based Practice; ideal for physiotherapists who already have experience in the specific field and who wish to confront themselves with new techniques and for those who do not yet know physiotherapy in lymphology because they will learn effective treatment techniques, immediately applicable in the workplace.



30 Seats



€500.00



24 Hours



27,9 ECM

INTENDED FOR

Physiotherapists,
Students III year C.d.L.
Physiotherapy

PAYMENTS

Deposit €250.00 + VAT
22% (€305.00) within 7
days from the
registration

Balance €250.00 + VAT
22% (€305.00) by date
September 6, 2019

Total: €500.00 + VAT
22% (**€610.00**)

CALENDAR

13-14-15 September
2019

LANGUAGE

Italian

Special discount for subscribers to both the EM137 and EM138 modules: € 1099.00 (including VAT) instead of 1220.00 (including VAT)

It is necessary to register individually for both courses and to pay the relative deposits. The € 121.00 discount can be subtracted from any of the remaining balance payments.

SCHEDULE

LE PARTI PRATICHE DI LINFODRENAGGIO SARANNO ESEGUITE SIA CON TECNICA MANUALE SIA CON LINFOROLL®

I BENDAGGI VERRANNO ESEGUITI CON BENDE A CORTA ESTENSIBILITA' E CON BENDE SILICONATE

PROGRAMMA:

13-14-15 SETTEMBRE 2019

1° GIORNO:

08.30 - 09.00: Registrazione partecipanti

09.00 - 10.30: Cenni di anatomia e fisiologia del sistema linfatico

10.30 - 10.45: Pausa

10.45 - 11.45: Fisiopatologia e valutazione del linfedema

11.45 - 13.00: Valutazione e trattamento di 2 pazienti AI da parte delle docenti (2 gruppi)- MANUALE E CON LINFOROLL®

13.00 - 14.00: Pausa

14.00 - 14.30: Linee guida della Terapia Decongestiva Combinata

14.30 - 15.45: Valutazione e trattamento 2 pz AS da parte delle docenti (2 gruppi) -MANUALE E CON LINFOROLL®

15.45 - 17.00: Linfodrenaggio AS (pratica tra partecipanti divisi in 2 gruppi)- MANUALE E CON LINFOROLL®

17.00 - 18.30: Linfodrenaggio AI (pratica tra partecipanti divisi in due gruppi) -MANUALE E CON LINFOROLL®

2° GIORNO

08.30 - 10.00: Ripetizione manualità linfodrenaggio (parte pratica tra partecipanti divisi in 2 gruppi)- MANUALE E CON LINFOROLL®

10.00 - 10.45: Principi di base del bendaggio linfologico

10.45 - 11.00: Pausa

11.00 - 12.15: Trattamento pz AI da parte delle docenti con bendaggio multistrato

12.15 - 13.00: I materiali del bendaggio e le loro caratteristiche

13.00 - 14.00: Pausa

14.00 - 15.00: Trattamento pz AS delle docenti con bendaggio multistrato

15.00 - 16.00: Bendaggio arto inferiore (parte pratica tra partecipanti)- BENDE A CORTA ESTENSIBILITA', BENDE SILICONATE

16.00 - 16.15: Pausa

16.15 - 17.00: Esercizi decongestivi sotto bendaggio - I principi dell'esercizio decongestivo nel linfedema

17.00 - 18.30: Bendaggio arto superiore (pratica tra partecipanti) - BENDE A CORTA ESTENSIBILITA' E BENDE SILICONATE

3° GIORNO

09.00 - 10.30: Il lipedema: clinica, classificazione e valutazione

10.30 - 11.15: Trattamento del lipedema: conservativo e chirurgico

11.15 - 11.30: Pausa

11.30 - 12.30: Ripetizione delle tecniche di linfodrenaggio apprese (pratica in 2 gruppi)- MANUALE E CON LINFOROLL®

12.30 - 13.15: Presa in carico del paziente con linfedema e strategie terapeutiche

13.15 - 14.00: Pausa

14.00 - 15.00: I tutori elasto-compressivi: funzione, corretto uso e presa misure. Cosa deve conoscere il fisioterapista.

15.00 - 16.30: Ripetizione pratica sul bendaggio – BENDE A CORTA ESTENSIBILITA' E BENDE SILICONATE

16.30 - 17.00: Domande finali e test ECM