

July 20, 2019

EM133: Motivational Interviewing - Training Workshop with Stephen Rollnick



Honorary Distinguished Professor, School of Medicine, Cardiff, Wales,

U.K.

Aim: To help practitioners understand what motivational interviewing (MI) is, both the style and the skills that are used to help patient to improve their health, wellbeing and lifestyle. Particular attention will be paid to pain management and other common health care challenges where practitioners want to encourage lifestyle change, and give information and advice to patients that activates them to take steps to improve their health.

Training methods: Dr Rollnick will use many teaching methods in this workshop. In addition to short lectures, he will encourage participants to view videos and demonstrations, discuss their progress in small groups and also conduct short simulated practice sessions.



PAIN SCIENCE

