

February 15, 2019

EM115: Foot and Ankle: Last Evidence on Management and Treatment in Manual Therapy



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The course has as its objective the presentation of a comprehensive and present approach in manual therapy for neuro-musculoskeletal lower limb disorders.

The program is divided into 3 days during which the foot and ankle disorders will be addressed in detail to understand how they affect each other from a bio-mechanical and functional point of view.

The clinical reasoning process will be faced in its different phases, in order to understand the methods of assessment that lead to an individualized treatment program, specific to movement direction.

During the course there will be the opportunity to attend to the treatment of clinical cases performed by the teacher.



28 Seats



€450.00



24 Hours



26,2 ECM

INTENDED FOR

Doctors and
Physiotherapists

PAYMENTS

Deposit €250.00 + VAT
22% (€305.00) within 7
days from the
registration

Balance €200.00 + VAT
22% (€244.00) by date
February 8, 2019

Total: €450.00 + VAT
22% (**€549.00**)

CALENDAR

15-16-17 February 2019

LANGUAGE

English with
simultaneous Italian
translation

SCHEDULE

DAY 1

09:00 - 11:00 CURRENT DIAGNOSTIC MODELS IN FOOT AND ANKLE DISORDERS

- Effectiveness of the different treatment modalities based on current diagnostic models

11:00 - 11:10 Coffee Break

11:10 - 13:00 NEW APPROACH TO CLASSIFICATION AND DIAGNOSIS OF CHRONIC DISORDERS OF FOOT AND ANKLE within a BIOPSYCOSOCIAL context

- Introduction of patterns of movement dysfunction and foot and ankle motor control

13:00 - 14:00 Lunch

14:00 - 17:30 CLINICAL REASONING PROCESS of the foot and ankle within a BIOPSYCOSOCIAL context

- Stages of the clinical reasoning process
- clinical practice of the phases of physical examination of the foot and ankle

- observation in unloading (non-weight bearing) and in loading (weight-bearing)

DAY 2

09:00 - 11:00 CLINICAL PRACTICE OF PHYSICAL FOOT AND ANKLE EXAM

- functional foot and ankle tests
- Walk analysis

11:00 - 11:10 Coffee Break

11:10 - 13:00 demonstration on the patient

13:00 - 14:00 Lunch

14:00 - 17:30 CLINICAL PRACTICE OF THE PHYSICAL EXAMINATION OF FOOT AND ANKLE

- test with active movements
- tests with passive movements
- screening tests
- Classification & diagnosis based on clinical examination data - identification of underlying mechanisms Foot and ankle disorders

DAY 3

09:00 - 11:00 INTERVENTION of foot and ankle disorders

- Intervention on movement and motor control dysfunctions
- Practice manual therapy of foot and ankle
- the clinical examples will include movement dysfunctions with specific directions

11:00 - 11:10 Coffee Break

11.10 - 13.00 INTERVENTION for foot and ankle disorders

- Practice Clinic of therapeutic foot and ankle exercises
- clinical examples that will include motor control dysfunctions in specific directions

13:00 - 14:00 Lunch

14.00 - 15.00 INTERVENTION in disorders of PIEDE & ANCAVLIA

- Orthoses and taping

15.00 - 16.30 DEMONSTRATION on PATIENT

16.30 - 17.00 SESSION for QUESTIONS and DISCUSSION and ECM Test