

May 17, 2019

EM111: Athletic Groin Pain



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Course Teacher: MSc. Manip Ther, C.S.C.S. M.I.S.C.P.

The course will face the challenges related to the differential diagnosis of hip and groin problems in athletes and identifying the biomechanical factors that contribute to pain and dysfunction in the area.

The course will treat the following topics:

- Differential diagnosis in hip pathology and inguinal pain.
- Hip and inguinal pain pathomechanics
- Rehabilitation strategies
- Linear running and inguinal pain mechanics
- Multidirectional mechanical and inguinal pain
- Return to Performance Decision Making and accidents prevention



28 Seats



€340.00



16 Hours



15,8 ECM

INTENDED FOR

Doctors and
Physiotherapists

PAYMENTS

Deposit €170.00 + VAT
22% (€207.40) within 7
days from the
registration

Balance €170.00 + VAT
22% (€207.40) by date
May 10, 2019

Total: €340.00 + VAT
22% (**€414.80**)

CALENDAR

17-18 May 2019

LANGUAGE

English with
simultaneous Italian
translation

€ 83.00 discount (20% off!) on the EM 111 "Athletic Groin Pain" course if already enrolled in the EM 112 "ACL Rehabilitation" course

Deposit: € 207.40

Balance: € 207.40 - € 83.00 = € 124.40

SCHEDULE

Day 1

09.00-09.30 Challenges and pitfalls in the rehabilitation of groin and hip pain

09.30-11.00 Differential Diagnosis of Inguinal and Hip Pathology

11.00-11.10 Coffee break

11.10-13.00 Patomechanics of Hip and Inguinal pain and use of 3D Biomechanics in rehabilitation

13.00-14.00 Lunch

14.30-15.30 Intersegmental Control

15.30-15.40 Coffee break

15.40-17.00 Intersegmental check
17.00-17.30 Questions and closing of the day

Day 2

09.00-10.30 Development of Strength and Power
10.30-10.40 Coffee break
10.40-13.00 Linear Running Analysis
13.00-14.00 Lunch
14.00-15.30 Multidirectional analysis
15.30-15.40 Coffee break
15.40-17.00 RTP Return to performance: decision making and accident prevention
17.00-17.30 ECM tests and conclusions